August 19, 2010

U.S. Army Garrisons Vicenza & Livorno

www.USAG.Vicenza.Army.Mil

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25 youth participate in triathlon

CYSS hosts youth yoga camp

School town hall set Wednesday

By ADRIANE FOSS

Outlook Editor

Garrison and school officials hope to put elementary and middle school parents' concerns to rest during a Wednesday town hall meeting at 6 p.m. in the multipurpose room of the new school complex in Villaggio.

Elementary School Principal Chris Beane and Middle School Principal Dr. Julio Gonzalez will provide information and answer questions about the new schools and are hoping as many parents as possible will turn out for the event.

"It is great forum for getting information that you may not think of at the moment, but anyone who has attended those types of events know that one question spurs the next, so it will be very beneficial for the parents," said Beane.

In addition to discussing the middle school, the first of its kind with grades 6-8 in the DoDDS Mediterranean Region, Gonzalez will promote a contest allowing parents, teachers and students to come up

See SCHOOL OFFICIALS Page 3

Open House will be held for the elementary school Sept. 16. 4:30-5:30 and for the middle school Sept. 16, 5:50-6:30 p.m. Open House for the high school will be held Sept. 9 at the high school from 5-7 p.m.

The High School New Student Orientation will be held Aug. 27 from noon-2:30 p.m. at the Vicenza High School cafeteria for grades 9-12. Pizza will be served.

School Physicals will be offered Tuesday in the health clinic's Pediatrics Department. Exam forms should be filled out in advance.

Army standardizing child care fees

Some parents will see increase or decrease Oct. 1

DoD news release

Beginning Oct. 1, most Army Families will see an increase in their child care fees while others will see a reduction and some will see no change in fees for School Year 2010-2011. This is a result of a new Department of Defense policy.

"The restructuring of fees should have a positive effect by expanding the number of income categories to better reflect the full range of family incomes," said Eric Weisel, USAG Vicenza's CYSS coordinator. "We are particularly fortunate that in our community we are opening a brand new CDC/SAC facility in Villaggio which should be ready for use by mid-September. We're inviting the community to attend the ribbon-cutting ceremony Oct. 6 to tour the facility and see how the child care fees help us afford high quality facilities for our children.



File photo by Laura Kreider

A 2007 study by the National Association of Child Care Resource and Referral Agencies, the country's leading voice for child care, found that the DoD child care system "stands alone as a model for states," and ranked first among the 50 states. DoD child care was the only entity to score in the top 10 for both standards and oversight criteria.

specific fees for Europe, the Vicenza CYSS team will work with families to determine exactly what their fees will be prior to implementation Oct. 1," said Weisel.

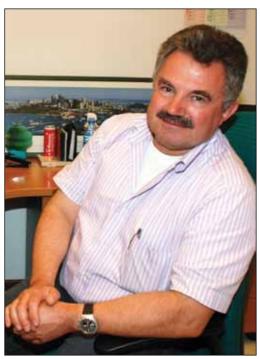
The Army Family Action Plan played an important role in shaping the new child care fee policy. One result of AFAP was "When the installation receives the as expansion in the number of income

categories to better reflect the full range of family incomes found across the Army.

By law, child care fees are based on total family income (excluding certain special pay and allowances), not rank or civilian grade. In 2008, DoD conducted an in-depth

See DoD CHILD CARE Page 3

Vicenza's Frigo fırst Italian employee to earn LSS green belt



DPW's Uberto Frigo used LSS practices to save the garrison \$34K annually.

Story and photo by LAURA KREIDER Outlook staff

Uberto Frigo, an Italian employee with USAG Vicenza's Directorate of Public Works, earned his certification as a Lean Six Sigma Green Belt May 7.

Using Lean Six Sigma, Frigo improved Caserma Ederle's DPW work order system, increasing efficiency and reducing estimated cost to the tune of \$34,000 per year.

During a recent interview with The Outlook, Frigo defined Lean Six Sigma and explains how he became certified:

O: What is Lean?

A: For many, Lean is the set of "tools" that identifies and eliminates any waste. As waste is eliminated quality improves while production time and cost are reduced. Lean implementation is therefore focused on getting the right things to the right place at the right time in the right quantity to achieve perfect work flow, while minimizing waste and being flexible and able to change.

Q: What is Six Sigma?

A: Six Sigma seeks to improve the quality of process outputs by identifying and removing the causes of defects (errors) and minimizing variability in manufacturing and in business processes. It uses a set of quality management methods ... and creates a special infrastructure of people within the organization (ie: black belts, green belts) who are experts in these methods. Each Six Sigma project carried out within an organization follows a defined sequence of steps and has quantified targets. These targets can be financial (cost reduction or profit increase) or whatever is critical to the customer of that process (cycle time, quality, safety, delivery, etc.).

"To get certified as a green belt, or GB,

See ITALIAN EMPLOYEE Page 3

Opinion & Editorial

Therapeutic journaling promotes healing

Opening up may be difficult. When talking is hard, writing may be the answer

The following commentary was written by Michael J. Cain, a freelance writer and volunteer at Fort Bragg, N.C., who teaches therapeutic journaling to Soldiers suffering from post traumatic stress disorder.

oldiers at Ft. Bragg's Warrior Transition
Battalion are working hard to make good I their escape from the battalion. Whether they're going back to active duty, or planning a return to civilian life, the first order of business is to get well. Among the tools being offered to assist them is a class in therapeutic journaling.

"The feedback I've gotten from our social workers is saying, in some cases, it is helpful for Soldiers suffering from PTSD or post-combat stress," says Maj. Christopher Blais, executive officer of the WTB.

Venting without fear

In a journal, Soldiers can vent without fear of retribution, and clear their minds of stressful thoughts and memories. Journaling gives the ability to see one's thoughts from a new perspective. Once those thoughts appear on paper, they can be observed with a certain detachment, as if they belonged to another.

Frequently, this new perspective helps to identify solutions that might not have been so obvious when they were just thoughts. Whether the issues involve anger, guilt, fear or other points of discomfort, one of the things that cause those feelings to swell and fester is that they are kept private.

Loreley Taylor, a clinical psychologist who works with members of the WTB, is a strong advocate of journaling. "I do risk assessment with new members of the WTB. When Soldiers come in, I encourage them to journal, to write about happy things, about their goals, about bereavement."

Private thoughts

Many people think their private thoughts will shock people or lead them to judge, but keeping thoughts too "close to the vest" can lead to an explosive outburst at a later date, which can be regrettable at best and dangerous at worst. Journaling allows one to get deep into the core of an issue, without straining relationships or revealing oneself beyond a certain level of comfort.

People who keep journals develop an enhanced ability to deal with difficult issues. Journaling reduces stress, which helps to improve sleep and strengthen relationships. The journaling experience can be as unique as the person doing it. It can also be adapted to suit individual needs.

What works for you

There are no rules about the proper way to keep a journal; it's different for every writer. Finding what works for you is a matter of experimenting. Narrative story telling, or dialogue, perhaps interlaced with newspaper or magazine clippings or illustrations, all are tools that can be used.

Buying an expensive journal is not necessary. In fact, many people report better results when they use an ordinary spiral notebook or legal pad, at least in the beginning. This reduces potential anxiety about feeling the need to write something "profound."

Another reason to start out with something that

has removable pages is that it makes it easier to throw away anything you've written that you're uncomfortable with. The act of writing about a difficult subject has value, even if you don't keep it.

Knowing that it's okay to throw it out means you really can write about anything, and if you choose to toss it out, you can always come back to the topic later. The goal of journaling ought to be exploring thoughts and feelings, not beauty and profundity. That may come later, but the first goal is healing.

Some do, some don't

New Soldiers know, intellectually, there are risks associated with military life, but most don't consider the risk of the psychological impact of combat. Some develop post traumatic stress disorder, but not everyone does and we don't know why.

Combat stress is unavoidable; there is nothing routine about facing the harshness of a violent attack.

A Soldier may be trained to kill, but they're not bred to kill; training prepares a Soldier to do the job, but can't always prepare one for the aftermath of that job. It's how we deal with the aftermath that defines the impact.

All members of the WTB visit regularly with

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psychiatrists and therapists, where they are encouraged to talk about the things that cause them stress. Not surprisingly, many have a hard time opening up, and frequently talk only about things they believe the doctors want to

A journal can be a place to vent, but more importantly, it is a place where complicated issues can be broken down to component parts. These parts can then be viewed and dealt with

Litte pieces, big issues

Issues can be overwhelming when approached all at once, but little pieces of big issues can frequently be sorted through almost painlessly and before you know it, the big issues have

been resolved as well. All of which helps to make molehills out of mountains.

Try it. Take 20 minutes, once a week. Make a list of the things that cause you the most stress. Take an item from that list and see how many elements you can find which contribute to it.

After you've broken your issue down as far as possible, try to find solutions to the individual elements, rather than the issue itself, and you'll soon find that what was once overwhelming is now manageable; what was once part of a wall is now a stepping-stone.

Journaling won't cure PTSD, or resolve all the issues you'll face when you return from a deployment, but it can help break down the barriers to talking about serious issues. If there is a cure, it's in the talking.

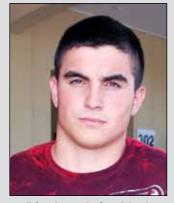
Speak What is the best ODR trip you've been on?



Spc. Julie Jaeger **AFN**

"My favorite ODR trip was Alleghe ski resort. The scenery was beautiful and skiing was challenging."

2



Pfc. Joseph Craddock 464th MP Platoon

"Paintball, with Outdoor Rec at Camp Darby."



Will Butler 8th grade

"Parma and Modena was a great trip. We got to taste cheese in Parma and then balsamic vinegar in Modena. It was a really fun trip with my family."



Danielle Zettl Family member

"Nice, France, with a stop in Monaco. The scenery was beautiful and it was a fun family trip."



Francine Buker Family member

"A visit to one of the wineries in Veneto. It was a great chance to see different wineries and taste new wine."

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Italian employee makes LSS history

continued from Page 1

you must apply all statistical methods, learned during the two weeks training, to a real project assigned to you by management," explained Frigo.

"A GB is a facilitator in a team grouped together to solve specific operational issues, where he acts as the group coordinator and mentor applying new statistical technologies and exercising genuine original thinking," he said.

"It is not uncommon that a GB becomes a black belt," said Frigo, "but

this requires full dedication and is hard to achieve if it is not your primary and regular duty.

"As an industrial engineer and working for the USAG Vicenza DPW it has been natural for me to volunteer to become a LSS GB," said Frigo. "LSS concepts and philosophy are common to industrial engineering.

"Being an industrial engineer for more than 26 years has given me the foundations for receiving this specific training and finding further applications of LSS within my working environment,"

said Frigo. "My project is aimed in reducing processing time to give a quicker response to the DPW customer while maintaining the same level of service quality."

He said Lean Six Sigma is a philosophy that has changed the way he works.

"Once you start knowing it and applying its principles, it is hard to deal with your daily work in a different way," he said. "GBs apply LSS to their daily work environments by driving improvements within their facility, department, or natural work group."

School officials answer parent questions at town hall meeting

continued from Page 1

with a new school mascot, motto and grade colors.

"The high school mascot is The Cougars, the elementary school is the Cougar Cubs, and there's nothing in between, so it'll be interesting to see what the community comes up with," said Gonzalez.

Other town hall topics will include new traffic patterns, before- and afterschool child care, school lunches, safety and child supervision.

USAG Vicenza School Liaison Officer Norie McCall said while the town hall will take place at the school, the event will not be an opportunity to tour the school. She said students and parents can tour the school Aug. 27 during the official Sneak and Peak.

"Wednesday's town hall is going to simply be a great opportunity for parents to get all of the information they need up front," said McCall.

CYSS will provide child care for the town hall meeting from 5-8:30 p.m. at a cost of \$4 per hour per child. Children must be registered with CYSS. No shows will be charged the full rate of \$14. Visit Parent Central Services or call 0444-71-7219 to reserve a slot.

Parents are asked to notify PCS and their child's center if the child will need to be walked over from CDC Bldg. 398 or from the School Age Center to child care at CDC Bldg. 395.

For information about the school town hall, call 634-5998.

DoD child care scores above national average

continued from Page 1

study of the child development program fee policy.

As a result, they determined current fee ranges were no longer in sync with the total family income for a majority of the users, and the fees have not kept pace with the increasing costs of providing

"While the cost of providing child

care has risen each of the past six years, the value of the programs has also increased for Soldiers, their children and the Army," said Peggy Hinson, Child Youth and School Services Director at FMWRC.

"Our child care programs promote early learning. Most Army programs are nationally accredited, and most importantly, Soldiers can concentrate on their mission, knowing their children are safe

and well cared for in a fully-accredited within the next three years. child care system," she explained.

Care Resource and Referral Agencies. the country's leading voice for child care, issues a biennial report on the quality DoD. The 2007 study found that the DoD child care system "stands alone as a model for states."

In that report, military child care ranked first among the 50 states and the District of Columbia, and was the only entity to score in the top 10 for both standards and oversight criteria.

Since 2004, child care fees at most

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Peggy Hinson

CYSS Director, FMWRC

Army garrisons have remained static in an attempt to ease the burden of persistent conflict and multiple deployments.

In an effort to minimize the financial impact of fee increases, the Army received approval from DoD to begin a phased in implementation of this new Child Care Fee Policy. Individual installations will have plans to reach fixed dollar amounts for each fee category

A 2009 update confirmed that DoD The National Association of Child child care continues to score more than 60 percent above the national average.

Currently there are six fee categories, including a minimum fixed rate and 634-7219.

of nationwide child care, including the five income-based categories, each with a range of fees determined by the garrison.

> The School Year 2010-2011 Child Care Fee Policy will contain nine categories, with three added at the top to more accurately accommodate higher incomes.

> Under existing policy, Families earning \$70,001 pay the same fees as those making more than \$100,000. The three additional categories will raise fees incrementally to cover Families earning \$125,001 or more annually.

> Those earning \$85,000 and below will see smaller increases. Furthermore, some lower-income Families will pay reduced fees under the new policy.

> As always, Families with more than one child will receive multiple child reductions, regardless of total family income. This now will become an Armywide standard 15 percent discount for 2nd and subsequent children.

> Commanders may authorize additional fee reductions for Families with temporary, documented financial hardships. Army Family Covenant fee reductions are in effect, while military parents are deployed.

> In addition to Child Development Center fees, The Army's 2010-2011 Fee Policy covers all Child, Youth and School Services Programs, including: Full Day; Part Day; Part Time; School Age and Hourly Care; Family Child Care Homes; Skies Unlimited Instructional Programs and Youth Sports.

For more information, contact the CYSS Parent Central Services Office at

DATES & CONTACTS:

Sept. 2 - First day of school Sept. 10 - First day for kindergarten at Villaggio

Sept. 16 - First day for Sure Start (4 year olds)

Elementary School - 634-7710 Middle School - 634-5701 High School - 634-7656

Visit the DoDDS Europe website at http://www.eu.dodea.edu/.

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At your service

Vicenza School Age Center



Alexa Simmons is the School Age Center facility director.

Simmons oversees the Caserma Ederle SAC, which provides child care and recreation for children in grades 1 to 6. Program options include before- and after-school care, hourly care, Saturday field trips and summer camps.

"Right now, we are gearing up for our move to a new facility in Villaggio this fall," she said. "Currently, my office is at Bldg. 308, but the location will change at the end of August."

Simmons can be reached Monday to Friday from 6 a.m.-6 p.m. in the summer and from 6-8 a.m. and 3-6 p.m. during the school year at the SAC. She can be contacted at 634-8253 / CIV 0444-71-8253 or via e-mail at alexa. simmons1@us.army.mil.

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Community Camera

A snapshot of events making news in and around the U.S. military community in Vicenza...



Back in business:

Photographer Vincenzo Di Somma takes a family photo of Angela Madera and her children Valentino Elia, 3, and 16-month-old Sophia Eliana, at the Ederle Photolab, newly relocated at the Arts and Crafts Center, Bldg. 306 near the post theater. The Photolab, formerly located in the Alterations shop near the PX, reopened its doors Aug. 4 and offers a variety of photo services, including passport pictures, portraits, sports, weddings, prints and the refurbishment of old photographs. Operating hours are Wednesday, Thursday and Saturday from 10 a.m. to 6 p.m. and Sunday from 10 a.m. to 1 p.m. It is closed on Monday and Tuesday. To schedule a photo session or for more information, call 634-7074 or e-mail photolab.ederle@libero.it.

Photos by Laura Kreider



Eyes on the prize: Stacey Swilley, University of Maryland University College Europe - Vicenza field representative (right), hands out UMUC material as Sgt. (P) Dale Carson, Chosen Company, 2nd Battalion, 503rd Infantry, 173rd Airborne Brigade Combat Team, and Spc. Jose Desoto, Fusion Co., 2-503, 173rd ABCT, fill out forms for the raffle held at the Arena during the school's 60th anniversary festivities Aug. 6.

Small hands, big technology:

Capt. Manuele Savio, SETAF G-3, assists his four-year-old son Giacomo as he experiences one of the latest in Army simulation and battle command systems during Vicenza's Battle Command Training Center 20year anniversary celebration Aug. 12. After the cake-cutting ceremony, community members had an opportunity to tour the facility, negotiate the shoot house as a first-person shooter in Virtual Battle Space 2 and learn a new language in the Tactical Language and Cultural Trainer. The V-BCTC is a digital training range using live, virtual, and constructive simulations as well as providing training on latest Army Battle Command Systems. "We hope the community enjoyed experiencing the latest in Army gaming technology," said Paul Toombs, simulation specialist at the V-BCTC. Toombs noted that the training Soldiers receive at the V-BCTC is put to good use daily during deployments. In addition, simulation training saves the U.S. Army millions of dollars annually in fuel, manpower, equipment, and maintenance costs. To schedule training or for more information about the V-BCTC, call Derick Cowart at 634-8179 or Toombs at 634-8076.



Spreading the news:

Lewis Smith, the installation's chief of Housing (standing), addresses Kathleen Marin, director of Installation Services, Office of the Assistant Chief of Staff for Installation Management; Diane Devens, director of Installation Management Command-Europe; and Deborah Reynolds, Chief of the Army Housing Division during an Aug. 5 briefing at Villaggio. The briefing highlighted the housing needs of Soldiers and Families as 173rd ABCT consolidates in Vicenza and USARAF continues to grow. Topics included build-to-lease, government lease and private rental housing options.

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Geilenkirchen pitches against the Aviano Civil **Engineers during** the 2010 U.S. Air Forces in Europe **Small Units** Championship at **Camp Darby** Aug. 5-8.

> Photo by Joyce Costello



Engineers win Small Units Softball Tourney

by VINCENZO LETO

USAG Livorno Public Affairs

Six Air Force softball teams from Europe came to Camp Darby to face off in the 2010 U.S. Air Forces in Europe Small Units Championship.

Teams from Germany, the Netherlands and Italy played 35 games over four days after the opening ceremony Aug. 5.

The Aviano Civil Engineer team defeated the Geilenkirchen team to win the championship, but it was not an easy take according to Mike Trexler, referee during the championship.

"The teams were all prepared and well balanced. It was difficult to predict the final winner," said Trexler. "Each team had some amazing players and any team could have been the final winner.'

In the final round-up, after winning the first game with the Camp Darby team, the Aviano CE team lost a game against the team from Geilenkirchen and was moved into the loser's bracket.

Still the Aviano CE team managed to win all four games in the loser's bracket and won the two final games with Geilenkirchen with scores of 18-4 and 15-5. Croughton placed third in the tournament. The event was organized by Tom Burkett, USAFE sports director, with the local support of the Camp Darby Fitness Center crew.

"Across four days, the six teams played 35 games and it was a great success," said Jimmy Roddy, Camp

Darby Fitness Center director. "We had no major problem; it was safe and we had great fun."

"While the championship was organized by USAFE, the USAG Livorno DFMWR provided logistical support to them" said Todd Smith, DFMWR sports programmer. "We took care of the field, all maintenance and the local organization of the event and it was nice to receive appreciative words from Mr. Burkett after the championship."

The next softball event at Camp Darby is the Ammo Bowl during Labor Day weekend.

Visit www.usag.livorno.army.mil for infomation about the upcoming championship.

Learn about military etiquette and more at the Army Family Team Building briefings Aug. 20. Call ACS at 633-7084.

Military Etiquette

Visit <u>www.usag.livorno.army.mil</u>

Consumer Rights &

Obligations

obligations as a consumer, how

to find help for financial trouble

Call ACS at 633-7084 for info.

and avoid scams Aug. 19.

Learn about your rights and

Parent's Night Out

CYSS will offer evening care Aug. 27. Multiple child discount of 10 percent applies. Register by Tuesday. Call Parent Central Services at 633-7681.

Texas Hold'em

Have some fun at the Darby Community Club Aug. 20 and enjoy free pasta. Call 633-7855.

Vacation Bible School

VBS is Aug. 23-27 from 9 a.m.noon. Service members, DoD employees, contractors, host nation employees and families are welcome. Italian language assistance is available. Register at the chapel or call 633-7267.

Bowling center closed

The Camp Darby bowling center will be closed until mid-September for renovations. The snack bar will remain open and will provide service: Sunday, 5-9 p.m.; Monday, 11 a.m.-7 p.m.; Tuesdays, closed; Wednesday -Saturday, 11 a.m.-9 p.m.

ITR Trips

- Spend the day in Florence Saturday and Aug. 28.
- Visit Venice Monday and
- Visit Cinque Terre Tuesday and Aug. 31.
 - Visit Rome Aug. 26.
- Visit the beautiful island of **Elba** Friday and Aug. 27.
- The Acqua Village in Cecina Mare features three water slides, a wave pool, children's pool, soaped soccer, play room and more. Visit Aug. 29.

Call ITR at 633-7589.

For details, call the chapel at 633-7267 (050-54-7267).

Religious activities

9:40 a.m.: Catholic Reconciliation

10 a.m.: Catholic Mass 11:15 a.m.: Protestant worship 10 a.m.: Protestant Sunday school

11:15 a.m.: Catholic CCD

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Remember summer security tips

By MICHAEL MCKNIGHT

USAG Livorno Antiterrorism Officer

There is often an increase in residential burglary and theft in the warm weather months and one reason is that people tend to leave windows open for ventilation when they are not home.

In a vast number of burglaries, the burglar enters through an opened or unlocked door or window. There is also an increase in theft of personal property because people leave items unattended at parks or at the beach.

Remember to always close and lock your windows, blinds and or shutters when you are away from home. A good thief is always on the lookout for a soft target. Don't be an invitation for a thief; make your home a hard target.

Additionally, it is important to remember to lock your doors whether you're heading out to the market and don't plan on being gone long or are relaxing in the backyard. An experienced thief only needs a few minutes to burglarize your most valued possessions.

Lastly, bicycle thefts increase during the summer months. By locking them with a bike chain or storing them inside, you can help prevent that.

Learn more at the Anti-terrorism Month level 1 briefing and presentation of community awareness video Aug. 24. More information about these events and the iWATCH program can be found on www.usag.livorno.army.mil.



Photo by Joyce Costello

Sgt. Jason Villafane, military working dog handler, and "Ronnie" inspect a vehicle during an antiterrorism demonstration at the Camp Darby shoppette Aug. 5.

3/405th AFSB personnel support Russian wildfire containment efforts

By JENNIFER KING

405th AFSB Public Affairs Office

The 3rd Battalion, 405th Army Field Support Brigade, supported efforts to assist with the containment of wildfires in Russia by providing military equipment to Russia Aug. 13.

The fire-fighting equipment is being released from the Army Prepositioned Stocks in Italy at the request of the U.S.

European Command.

"The U.S. European Command contacted us regarding the release of equipment," said Lt. Col. Richard Pierce, 3rd Battalion commander. "We received phenomenal support from the Italian 46th Air Brigade in Pisa. We are proud that we are able to do some small part to help ease the suffering of the Russian people and hopefully assist with resolving this catastrophe."

Col. Ronald Green, commander of the 405th AFSB agreed.

"We routinely provide humanitarian assistance whenever we receive a request for aid," Green said.

"We value our relationship with Russia, and this is an example of our ability to work together and support each other in times of crisis," he said.

The equipment was loaded onto a U.S. Air Force C-130J for delivery to Russia.

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Take a trip on the ₩ILD side:

Community members can enjoy a new experience at Parco Natura Viva, a safari park and zoo. The park is divided into four sections:

The Safari, where families drive their own vehicles through the park, windows up, to view the animals up close; The Fauna, a modern breeding center for fauna with more than 1,500 animals belonging to 280 different species in wide enclosures surrounded by vegetation; The

Botanical Path, a voyage of discovery for 30 arboreal species, their characteristics and curious facts and a greenhouse of tropical and carnivorous species along with wild orchids and carnivorous plants; and The Extinction, where visitors can see, up close and personal, life-sized models of dinosaurs and animals of the past in their natural replicated habitat. Parco Natura Viva is located at Bussolengo, Località Figara 40, about 42 miles west of Vicenza. The park is open through Oct. 3, 9 a.m. to 6 p.m. General admission: 19 euro; 16 euro rate for children 3 -12. Call 045-7170113 to rent a 9-passenger vehicle for the safari for 18 euro/day. For information in English, visit http://www.parconaturaviva.it/index-en.php.



Photo by Adriane Foss

Local festivals & shows

Beer and *Bruschetta* Fest: Thursday to Tuesday in Marola, Torri di Quartesolo, Sports Center, Via dei Cedri, about five miles east of Vicenza.

Food booths featuring the typical *bruschetta* (toasted bread seasoned with garlic, olive oil, etc.) and other local specialties open at 7 p.m. Live music and entertainment start at 9 p.m.

On Saturday and Sunday, entertainment includes country, Caribbean and Brazilian dance shows. Fireworks scheduled Tuesday at 11 p.m.

Whole roasted pig: Served Saturday and Sunday, in Carrè, Piazza IV Novembre, about 22 miles north of Vicenza.

Saturday: 9 p.m. acoustic rock concert with the Mr. Boss

■ Sunday: 11 a.m.-11 p.m. food booths; 9 p.m. live music and ballroom dancing with the I Cavalieri del Liscio Band.

Cheese Fest: Sunday from 9 a.m. onwards in Roana, Piazza Santa Giustina, about 37 miles north of Vicenza. Typical local food and cheese exhibit and sale. Home crafts and old trades fair.

Brintaal Celtic Folk Festival: Sunday in Valstagna, about 34 miles north of Vicenza. Free access to the national park of Oliero Caves, to concerts and workshops. Free camping area (Via Monsignor Dalla Zuanna 21) 9 a.m.: free guided tour to the Monte Corgnon prehistoric village.

San Bortolo Fair: Saturday to Tuesday in Agugliaro, via Roma 1, about 17 miles south of Vicenza.

Carnival rides and food booths from 7 p.m. to midnight. Painting exhibits and raffle. Live music and dancing start at 9 p.m. Fireworks Tuesday at midnight.

San Bortolo Fair: Friday to Tuesday in Fara Vicentino in Piazza

Arnaldi, about 18 miles north of Vicenza. Food booths open at 7:30 p.m.; 9 p.m. live music and entertainment. Sunday free horse rides at 4 p.m.; Tuesday at 11 p.m. raffle drawing and fireworks at 11:50 p.m.

Horse-Drawn Carriage Tours: Friday and Saturday from 8-11:30 p.m. in downtown Vicenza. Enjoy this unique way of seeing the most beautiful sites in Vicenza.

The 20-minute tours depart from and return to Piazza Biade. The cost is € 15 for a maximum of 4 people at a time.

La Notte Nera – The Dark Night: Saturday in Asiago, about 37 miles north of Vicenza.

At 8 p.m. all the lights in the city will be turned off and candles will be lit.

The purpose of this event is to promote environmental awareness and point out the dangers of acoustic and light pollution. Entertainment, games, and shows. 9 p.m. telescopes in Piazza San Rocco to explore the sky. Live music in Piazza Duomo at 9 a.m. and at 10:20 p.m.

Night at the Castle: Saturday at 8:30 p.m. in Bassano del Grappa, Castello degli Ezzelini. Location is Piazza Terraglio, about 22 miles northeast of Vicenza. Live music, painting exhibits and dance shows. In case of inclement weather, the event will take place at Teatro Remondini, Via SS. Trinità 8/c. Free entrance.

Concerts

J Ax: Aug. 28 in Lido di Sottomarina, Arena Live; Sept. 10 in Rayenna. Arena Pala.

Leonard Cohen: Sept. 1 in Firenze, Piazza Santa Croce.

Placebo: Sept. 3 in Passariano di Codroipo (UD), Villa Manin.

Guns N' Roses: Sept. 4 in Rome, Palalottomatica; Sept. 5 in Milan, Mediolanum Forum.

Elton John & Ray Cooper:

Sept. 17 & 18 in Milan, Arcimboldi Theatre; Sept. 19 & 20 in Rome, Auditorium Parco della Musica.

Ozzy Osbourne (ex Black Sabbath): Sept. 22 in Milan, PalaSharp.

Peter Gabriel: Sept. 26 in Verona, Arena.

Brandon Flowers: Oct. 4 in Milan; Oct. 5 in Rome.

U-2: Oct. 8 in Rome, Stadio Olimpico.

Stereophonics: Oct. 11 in Milan.

Doobie Brothers: Oct. 14 in Milan, Alcatraz Club.

Carlos Santana: Oct. 19 in Assago, Milan, Mediolanum Forum.

Sting: Oct. 25 in Firenze; Nov. 2 in Milan, Teatro degli Arcimboldi; Nov. 3 in Torino, Palaolimpico; Nov. 10 in Rome, Auditorium Parco della Musica.

Emerson & Lake: Nov. 19 in Rome, Auditorium conciliazione; Nov. 21 in Milano, Conservatorio; Nov. 26 in Padova, Grand Teatro.

Simply Red – Farewell – The Final Tour: Nov. 20 in Milan, at the Mediolanum Forum.

30 Seconds to Mars: Dec. 8 in Bologna, Paladozza.

Tickets are available in Vicenza at Media World, Palladio Shopping Center or online at http://www.ticketone.it/EN/



Courtesy photo

Elton John will perform Sept. 17 in Milan, Sept. 19-20 in Rome.

Looking to buy or sell items? Check out MWR's Marketplace at www.mwrmarketplace.com

ODR trips

Join ODR for:

Medieval Times Dinner and Show Friday,

Basic Scuba beginning Monday, Whitewater Rafting Aug 28, nd

Kayak Fishing Sunday.

Check out more summer trips online at *VicenzaMWR.com*.

To enroll for a trip or activity online, visit https://webtrac.mwr. army.mil/webtrac/Vicenzarectrac.

Amusement parks

Padovaland Water Park: in Padova, Viale della Regione Veneto 6, about 24 miles southeast of Vicenza. Open through Aug. 31, Monday–Friday 10 a.m.–6:30 p.m.; Saturday, Sunday and holidays 9:30 a.m.–6:45 p.m. Wave pool, water slides for children and adults, playground built on piles, restaurant and game rooms. General admission: €18 all day ride pass and €14 from 3 p.m. to closing; €12 all day ride pass for children (2-12) and €10 from 3 p.m. to closing.

Gulliverlandia: in Jesolo, Via San Giuliano, about about 63 miles east of Vicenza. Open through Sept. 13, 10 a.m.-6 p.m. Aquarium, Vulcano Rapids, Medieval challenges, Maya ruins, Panoramic Tower and Giant Wheel. For video and info in English, visit http://www.gulliverlandia.it/inglesetoto/secondaita/indice2.htm.

Sporting events

MotoGP Misano: Sept. 3-5 in Misano Adriatico, Rimini

Formula 1 Italian Grand Prix: Sept. 10-12 in Monza

Wrestling Raw World Tour: Nov. 13 in Assago (Milan), Mediolanum Forum.

Red Bull X-Fighters World International motocross freestyle tour: Oct. 1 in Rome, Stadio dei Marmi.

For info in English and tickets, visit http://www.ticketone.it/EN/.

Now Showing

Ederle Theater

Thursday	Splice (R)	6 p.m.	
Friday	The Karate Kid (PG)	6 p.m.	
	Jonah Hex (PG-13)		9 p.m.
Sat.	Jonah Hex (PG-13)		3 p.m.
	The Expendables (R)		6 p.m.
Sun.	The Karate Kid (PG)	3 p.m.	
	The Expendables (R)		6 p.m.
Wed.	The Karate Kid (PG)		6 p.m.
Aug. 26	Jonah Hex (PG-13)		11 a.m.

Camp Darby Theater

Friday	Jonah Hex (PG-13)	6 p.m.
Saturday	Killers (PG-13)	6 p.m.
Sunday	Cats & Dogs: Revenge/Kitty Galore (PG)	1 p.m.
Aug. 26	The Karate Kid (PG)	6 p.m.

Admission: Age 12 and up \$4, under 12, \$2. The Ederle theater box office opens one hour prior to show.

View MOVIE TRAILERS and schedule online at http://www.aafes.com/ems/euro/vicenza.htm or http://www.aafes.com/ems/euro/livorno.htm.

Free Movie Night

Join the Antiterrorism Office Tuesdays in August, 2:30-4 p.m. for a free viewing of popular movies at the post theater

Tuesday - "Rendition" - A CIA analyst questions his assignment after witnessing an unorthodox interrogation at a secret detention facility outside the U.S.

Aug. 31 - "Unthinkable" - A psychological thriller centered around a black-ops interrogator and an FBI agent who press a suspect terrorist into divulging the location of three nuclear weapons set to detonate in the U.S.

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Community briefs

Job openings

Maytag Aircraft Corporation/ TK&K is seeking to hire three qualified applicants: a fuel terminal superintendent, fuels accountant and FDSO. The terminal superintendent and accountant will be employed at Vicenza, and the part-time FDSO will be employed at Camp Darby, USAG Livorno.

The positions will support a government contract in the petroleum business starting Oct. 1. Candidates should be able to start by Sept. 20. For more information, e-mail Tony Castillo at *JP8tony*@ hotmail.com or call 366-442-8142.

DUI law changes

An Aug. 1 change to Italian law states that new motorists (persons who have had a driver's license for less than three years) and all operators of public transportation (buses, taxis) are not allowed to drink and drive and must register .00 on a blood alcohol BAC level was set at .05.

Motorists who have a stateside license that is less than three years old should explain to the officer that the license has been renewed. If the officer does not understand, DES officials urge motorists to ask the officer if you can call the military police desk at 0444717626 or 0444717233 and request an MP interpreter to translate for you.

All other traffic laws remain unchanged. Motorists who register a BAC of .15 or above will have their vehicles permanently confiscated.

Finance closed

The Finance Office will be closed Thursday for Organizational Day from 8 a.m.-5 p.m. The cashier's cage will be open for check cashing from 9-11:30 a.m.

An emergency point of contact is Maurizio Dealtin at 331-687-

For more information, call Mark Jackson at 634-7612 / 8497.

Sign up now for the Sign-up Fair

Agencies wanting to display their information at the Super Signup Fair Sept. 8 should register by calling 634-5087.

The Sign-up Fair is a one-stop shop for community members who would like to sign up for activities and get information on

Rising Star contest

It's time to shine at the 2010 **Operation Rising Star Competition** at the Arena. Tryouts are Aug. 26 at 7:30 p.m.

Vicenza's first place winner will receive \$500 and will advance to the 2010 finals; 2nd place will receive \$250 and 3rd place \$100.

The first 25 applicants will receive a Rising Star T-shirt on the night of tryouts.

Complete rules are available at http://www.vicenzamwr.com/pdfs/ Arena/ORS%20Application%20 and%20Contest%20Rules.

Spritz Time

It's Spritz Time every Wednesday and Thursday evening, 4:30-6:30 p.m., at the Lion's Den.

Stop by after work with your co-workers or friends and enjoy a spritz for \$2.50.

Family Movie Night

Every Saturday in August from 6-8 p.m. is Family Movie Night.

Enjoy an evening of bowling, a cheese pizza, pitcher of soda and a movie for \$24.95.

Music Cafe returns

Music Café is back Aug. 27 at 7:30 p.m. Enjoy great music and light refreshments in a relaxed atmosphere. Bring your instrument, hop on stage and jam or sit back and appreciate the local talent. Call 634-7281 for information.

The potter's wheel

Join the Parent Child wheel work session Aug. 28, 9:30 a.m.-1 p.m. and create something together. Call 634-7074 for information.

Women's Equality

Aug. 26 is Women's Equality or breathalizer test. The previous Day, which celebrates achievements women have made in the last 90 years. The community is invited to join in the celebration Aug. 26 at the Soldiers' Theatre from 1-2 p.m. Refreshments will be served after the ceremony.

Rat Wives audition

Community members are invited to audition for the Soldiers' Theatre production of *Rat Wives*. This play will be Vicenza's entry in the annual IMCOM-Europe One Act Play Competition in October. It contains adult language and situations. There are wonderful roles for four women. No experience is necessary, just a desire to learn, perform and have fun. Auditions are set Monday and Tuesday and consist of readings from the script, which are available in advance. Call 634-7281.

More part-time preschool

Starting Sept. 27, CDC 398 will kick off a part-time preschool program that will run from 8:30 a.m.-1:30 p.m. Monday to Friday.

For more information, call the CDC at 634-5008 or Central Registration at 634-7206.

Anti-Terrorism awareness training

Awareness training will be offered in English at the post theater, 3-4 p.m. Tuesday and Aug. 31. Vicenza's Antiterrorism Office is also hosting several free movies at the post theater throughout the month. See the Page 6 movie listing for details.

MOMS Club events

- Friday. 20: MOMS Night Out, 7 p.m.
- Monday: Lunch play date, 11:15 a.m.
- Aug. 26: Bunco, 7 p.m. E-mail momsclubofvicenza@ yahoo.com for more information.

School physicals

School health assessments will be offered at the Vicenza Health Center in the Pediatrics department Tuesday.

Exam forms should be filled out in advance. Visit https:// webtrac.mwr.army.mil/webtrac/ vicenzacyms.html or call CIV 0444-71-7656 for forms and info.

Tar Beach Party

Community members are invited to the Tar Beach Party at the post chapel Friday, 7-8:30 p.m.

There will be music, games, wading pools, boardwalk snacks and more. The events is free and open to everyone. Call 634-7519 or CIV 0444-71-7519 to register.

iWATCH essay contest

Tell us in an essay why you think the iWATCH program is important and how we can keep Vicenza safe and secure. Prizes are AAFES gift certificates and garrison commander's coin. Essays must be submitted by Aug. 26 at 5 p.m. For details, e-mail *carl.turner*(*a)eur*. army.mil, keith.horne@eur.army. mil or peter.huller@eur.army.mil.

CYS Services

The Part Time Toddler Program begins Sept. 16 in CDC Bldg. 398. The program runs Monday-Friday from 8:30 a.m.-1:30 p.m. Children must be between 18 and 36 months of age by Sept 16 to be eligible. Registration begins Sept. 1 at Parent Central Services.

The Strong Beginnings Pre-K Program will begin Aug. 30 and run Monday-Friday from 8:30-11:30 a.m. The child must be 4 by Sept. 1. Enrollment begins Monday at Parent Central Services. For more information, call Parent Central Services at 634-7219.

Effective Sept. 13, full-day CDC and kinder programs and the SAC program will be operate from their new location in Villaggio, Bldg. 703.One new easy number for either facility is 634-5700.

Anger management

I Have a Volcano in My Tummy Parent/Child Anger Management, class is set Wednesday from 3:30-4:30 p.m. Parents and children learn ways to reduce stress and anger together through games and fun physical activities with purpose. Call 634-7500 for information.

Debt reduction class

Many people find themselves in debt before they know it's a

An Aug. 31 debt reduction class is set, 9-10 a.m., to show attendees how to start down the road to financial recovery. Call 634-7500 for information.

Community Calendar Highlights

Aug. 25: School Town Hall Meeting in Villaggio, 6 p.m. Aug. 26: Women's Equality Sept. 2: First Day of School Sept. 10: First Day for Kindergarten

Sept. 3-6: USAREUR Training Holiday

Religious activities

Chaplain Crisis Line To speak with a chaplain after hours, call 634-KARE (634-5273).

Sunday services

8 a.m.: Sacrament of Reconciliation, or by appointment

9 a.m.: Roman Catholic Mass

(Daily Mass is held weekdays at noon)

9 a.m.: Protestant Sunday school and AWANAs (September-May at Vicenza High School)

10:45 a.m.: Catholic religious education (September-May at Vicenza High School)

11 a.m.: Protestant worship 1:30 p.m.: Full Gospel Pentecostal worship

5 p.m.: Contemporary Christian service

Mondays

Noon: LDS scripture study

Tuesdays

9:15 a.m.: Protestant Women of the Chapel

Wednesdays

3 p.m.: Praise dance practice

3:30 p.m.: Middle School Club Beyond meets in VHS cafeteria September-May

5 p.m.: Contemporary Praise band practice

5:30 p.m.: PWOC evening Bible study (beginning Sept. 8. Child care offered for children ages 6 weeks to 4 years.)

5:30 p.m.: High School Club Beyond meets at the Teen Center September-May. Call 340-139-4073 for information.

5:30 p.m.: Catholic choir practice

6:45 p.m.: Gospel choir practice

Thursdays

9:30 a.m.: Catholic Women of the Chapel **5:30 p.m.:** Gospel service

choir rehearsal 7:15 p.m.: Gospel service Bible study

Faith group contacts

Islamic: Call 634-7519 (0444-71-7519) for info Jewish: Sandy Schoenberg at 634-6202 or sandy. schoenberg@eur. army.mil. Latter Day Saints: Scripture study held Mondays, noon-1 p.m. at chapel. Sunday services, 9:30 a.m.-12:30 p.m. downtown. Call Chance Wilson at 327-869-8107.

Call the Caserma Ederle chapel at 634-7519 (0444-71-7519) for religious activities information.



Discover solutions for every mission

Local military, civilian and contract personnel are invited to attend the annual Vicenza Army Community Technology Exposition Sept. 15 from 10 a.m.-2 p.m. at the Arena. Hosted by the 509th Signal Battalion, the event will include more than 25 exhibitors demonstrating the latest in information security, secure data storage, data destruction, CD/DVR publishing, secure communication technologies, power and cooling systems, fiber optic applications, mobile/wireless communications and so much more. Refreshments and giveaways will be available while supplies last. For more information or to request a company or technology, contact Christy Shaak at 001-443-561-2436 or Shaak@ncsi.com. To pre-register, visit www.FederalEvents.com, click on "Vicenza Army Community" and choose the 'pre-register' link.

DON'T BE LATE: E-mail briefs to editor@eur.army.mil noon on Monday, or by 4 p.m Friday if Monday is a holiday.

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Photo by Laura Kreider

I TEE DOSE: Sky Clarke, the installation's individual sports specialist/clinician, leads a youth yoga class Aug. 4 at the fitness center. CYSS hosted the week-long camp. To find out when CYSS will offer youth yoga classes, call 634-6151. To sign up for adult yoga, call the fitness center at 634-7616.

Local youth test mettle in triathlon

Students tough it out in 1-3K run, 2-6 mile cycling and 75-meter swim events

Special to the Outlook

Twenty-five community youth participated in the third annual triathlon, hosted by Child, Youth and School Services Friday morning.

The event was part of a sports camp led by Sky Clarke, the installation's individual sports specialist/clinician.

"It was a way to introduce youth to a diverse event that many have not tried before," said Clarke. "The participation and energy that the youth brought to this event was amazing."

Clarke said the participants' ability to pull on several individual strengths is what captured the students' attention and made the event a success.

"It's very beneficial for youth to work towards an event like this because they

can see how their training and practice really paid off," she said. "For a 6 year old to be able to say they completed a triathlon is a very empowering feeling, one that we try to instill in all of our youth."

Participants ranged in age from 6-18 and competed in the following categories:

n ages 6-10: 1K run, 2-mile cycle, 75-meter swim

n ages 11-14: 2K run, 5-mile cycle, 75-meter swim

n ages 15-18: 3K run, 6-mile cycle, 75-meter swim

Clarke said 22 of the students participated in a triathlon clinic Aug. 12.

"Each day we worked on running, biking and swimming," she said. "The event was open to the community and we had a few additional youth sign up to participate in the meet."

Savannah Hampton, 10, daughter of Spc. William and Kirsten Hampton, took 1st place in the girls ages 6-10 category.



Courtesy photo

Sign-ups for Mako Sharks 2010 swim team in full swing



Special to the Outlook

Sign-ups for the 2010-2011 swim season have begun. The board will be accepting registrations during the following dates and events:

Monday – Parent Orientation Meeting 5:30-7 p.m. in the library conference

Aug. 28 – Community Swim Meet 9 a.m.-2 p.m. at the post indoor pool

Sept. 8 – Community Super Sign-Up from 11 a.m.-2 p.m. at the fitness center Or call 0444-91-2612 to arrange a

Aug. 2

convenient time.

This year's fees are as follows: \$300 per swimmer

\$50 discount for siblings

\$50 credit for logging at least 25 volunteer hours for the team into myarmyonesource.com (credit will be given at the end of the season).

Swimmers will receive a TYR competition suit, TYR goggles and a team swim cap prior to the first meet Sept. 25. Practice will begin Sept. 7 at the post pool. Visit http://makosharks.homestead. com/index.html for information.

SOLDIERS & CIVILIANS COMMUNITY UNIT/REC OPEN PLAY SPORTS

Recreational Softball Season Results:

			Aug. 2
Team	Win	Loss	704 MUNSS (10) vs. AFN/DODDS (6)
AFNS/DODDS	2	2	704 MUNSS (5) vs. USARAF (13)
HHC USAG-V	3	1	704 USARAF (3) vs. HHC USAG-V (15)
704 MUNSS	3	5	Aug. 4
Sticks & Skulls	1	1	HHC USAG-V (4) vs. 704 MUNSS (6)
USARAF	2	2	AFN/DODDS (10) vs. 704 MUNSS (11)

USAG V Flag Football Scrimmage Results:

Health Clinic (20) vs. Misfits (35) Health Clinic (39) vs. 509th Signal (19) Misfits (30) vs. 509th Signal (18)

Aug. 3-7

Soccer coaches needed

CYSS Soccer season is right around the corner and coaches are needed for the teams. CYSS is looking for volunteers who want to have fun, enjoy working with youth and want to contribute their time to make a difference in the Vicenza community.

If interested, contact Sky Clarke or Nicole Fulbright at 634-651 or nicole.fulbright@ eur.army.mil or sky.clarke@eur. army.mil.

Community swim meet

Dive into the fun as the fitness center, Mako Sharks swim team, CYSS and Edge! join forces for the community swim team.

Community members can register at the fitness center or CYSS Parent Central Services. Age groups include 8 and under, 9-11, 12-14, 15-17 and 18 and above. Races include the 25 (for ages 8 and under), 50 Breastroke, 50 Freestyle, 50 Butterfly, 50 Backstroke and Fun Relay. Call 634-6536 / 8642 for more information.

High school sports

Fall Sports kick off Monday. All athletes must have a physical and a school's power of attorney before they can practice. Please stop by the high school office for more information.

Donut Dash

See how many donuts you can eat in five minutes, then have one minute knocked off your final race time for each donut (up to five). Registration continues through Sept. 10.

For race details, visit Vicenza MWR.com or inquire at the fitness center. Free T-shirt to the first 150 registrants. Go green and bring your own water bottle. Race day is Sept 18.

Volunteer opportunities

Interested in being a volunteer? Become a coach for CYSS Sports & Fitness.

Perks include free National Youth Sports Coaches Association training and membership and child abuse training and CPR / first aid training.

Coaches clinic will be held in the Villaggio CYSS Bldg. 304 and are scheduled as follows:

- Saturday from 9 a.m.-noon
- Wednesday from 9 a.m.noon
 - Sept. 18 from 9 a.m.–noon
 - Sept. 22: 5:30–8:30 p.m.

Participants must sign up at least one day prior to clinic date.

Call 634-6151 for more information.

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